## MSSF Mendocino Woodlands Foray "Items to Bring"

- 3 season sleeping bag or bedding with blankets & pillow
- Flashlight with extra batteries
- Plenty of warm clothes prepare to dress in layers, warm hat/sock-cap, gloves or mittens, scarf, thermal underwear, (merino wool or capelin)
- Rain gear/umbrella prepare for rain and hope for sunshine!
- Towel, wash cloth, personal toiletries
- Sturdy walking shoes &/or rubber boots
- Footwear for camp/cabin
- Watch
- Whistle "important"
- Mushroom collecting knife
- Compass
- Basket with handle for collecting mushrooms or bags with handles
- Drinking water container
- Matches or lighter for cabin fireplace

## **Suggested Optional Items**

- Walking or probing stick
- Wax paper bags for keeping mushrooms organized in basket
- Mushroom cleaning brush
- Field guides, note pad & pen
- Camera, photo equipment, film/memory
- Day or hip pack
- Hand-held, multi channel "walkie talkie" radios
- Fingernail brush for post-foray dirty nails
- Presto Logs, or fire starters.
- Ear plugs
- Ice chest for snacks, beverages, or mushrooms collected
- Insect Repellent
- Snacks
- Wine & wine glasses or beverages of choice
- Battery powered lantern or flashlights for lighting of cabin, "no electricity in cabins"!
- (FRIDAY NIGHT, DINNER APPETIZER CONTRIBUTION)